

Please note: Some start times have been changed to accommodate 15min intervals for Covid Cleaning

## SGA GENERAL GYMNASTICS LESSONS

### MONDAY

5.30-6.30PM	NEXT STEPS/NOVICE	1hr
6.45-8.30PM	INTERMEDIATE/ADVANCED	1.45hrs

### WEDNESDAY

5.30-6.30PM	NEXT STEPS/NOVICE	1hr
6.45-8PM	INTERMEDIATE/ADVANCED	1.15hrs

### SATURDAY

9.15-10AM	PRE SCHOOL	45min
9-10AM	NEXT STEPS/NOVICE	1hr
10.15-11AM	PRE SCHOOL	45min
10.15-11.15AM	NEXT STEPS/NOVICE	1hr
11.30-12.30PM	INTERMEDIATE/ADVANCED	1hr
12.45-1.45PM	INTERMEDIATE/ADVANCED	1hr

## SGA SQUAD GYMNASTICS LESSONS

### MONDAY

5.30-8.30PM	MINI F&V DEVELOPMENT	3hrs
	WOMEN'S ARTISTIC	

### TUESDAY

5.30-8.30PM	JUNIOR F&V DEVELOPMENT	3hrs
	JUNIOR F&V COMPETITIVE	
	SENIOR F&V COMPETITIVE	
	WOMEN'S ARTISTIC	

### WEDNESDAY

5.30-8PM	RECREATIONAL COMPETITIVE	2.5hrs
	WOMEN'S ARTISTIC	

### SATURDAY

9-10AM	1-2-1 SQUAD SESSIONS	1hr
10-11AM	RAINBOW WA DEVELOPMENT	1hr
11-5PM	WOMEN'S ARTISTIC	6hrs
12.45-1.45PM	RAINBOW F&V DEVELOPMENT	1hr

	2-5PM	JUNIOR F&V DEVELOPMENT	3hrs	
		JUNIOR F&V COMPETITIVE		
		SENIOR F&V COMPETITIVE		
		WOMEN'S ARTISTIC		